



2026 ANNUAL THEME

A Year of Wonder & Moments of Discovery

Each session offers a chance to discover something surprising, meaningful, or simply joyful. Through the power of lifelong learning, we will celebrate the small moments that turn learning into an adventure at any age.

Each month includes two lifelong learning classes, and one health & wellness class!

JANUARY - WIDENING OUR WORLD

- Windows to the World
- Exploring Perspectives - Scientist vs Artist
- What Makes a Good Life? Connecting and Engaging (H&W)

FEBRUARY - NEW FRONTIERS OF LEARNING

- The Little Red School House
- Surprising Scientific Discoveries
- How the Brain Learns at Any Age (H&W)

MARCH - GLOBAL GLIMPSES

- Early Learners- The First People
- Tapestry of the Living Earth
- What We Eat Globally - and Why (H&W)

APRIL - GLOBAL VOICES

- Famous People Who Started Over
- Exploration, Enlightenment & The Digital Age
- Ideas That Changed America (H&W)

MAY - NATURE IS OUR TEACHER

- Lessons From Forests, Oceans, and Skies
- Animals That Adapt & Inspire
- Natural Rhythms: Living in Tune with the Earth (H&W)

JUNE - HOMEGROWN WISDOM

- Short Stories That Changed Lives
- The Power of Famous Speeches
- Crafts, Recipes, and Remedies (H&W)

(H&W is our Health & Wellness Class)

JULY - ARTFUL LIVING

- Music as Memory, Movement, and Meaning
- Inspiring Artists Who Broke the Mold
- When Art Changed History (H&W)

AUGUST - CONNECTIONS THAT COUNT

- Letters and Literature That Changed Living
- Great Duos in History
- The Connections in Life That Keep You Happy (H&W)

SEPTEMBER - BRIDGING THE GAP

- Bridges - Structures & Concepts
- Communication - Smoke Signals & Text Messages
- Technologies That Transformed Daily Life (H&W)

OCTOBER - SMALL ACTS, BIG IDEAS

- American Heroes
- Community Changemakers (Red Cross / Marie Curie)
- Volunteering and Legacy Projects (H&W)

NOVEMBER - REIMAGINING THE ORDINARY

- The Stories Behind Everyday Things
- Rediscovering the Ordinary (
- Finding Awe in Routine (H&W)

DECEMBER - WINTERING

- Famous Authors Who Found Wisdom in Winter
- Winter Landscape Artists
- The Science of Seasonal Slowing (H&W)

(H&W is our Health & Wellness Class)

**Three Classes Per Month
Two Lifelong Learning, and
one Health & Well-Being (H&W)**

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